

Dreams Obtaining Positive Enlightenment Mentoring and Leadership Program

(D.O.P.E.)

Founder- Rishera Hopkins

Mission Statement- Dreams Obtaining Positive Enlightenment Mentoring and Leadership Program (D.O.P.E.) is to help serve teens between the ages of 13-18 in the Fairfield County through developing self-confidence, make positive choices, with achieving goals, communication skills and to reach dreams while encouraging and motivating others. D.O.P.E. will help to promote:

- Self- Confidence
- Safety to prevent the risk of violence in our community
- Healthy Relationships
- Goal Setting

How we do that:

*Roundtable discussions with a guest speaker

*Group activities based on various discussion topics

*Group outings

Goals-

To build strong minded young men and women so that they can achieve their goals along with encouraging others.

To set a positive and confidential environment where we can help one another.

To help these young people become successful and make a difference.

Email: mydreamsaredope@gmail.com

Phone: (203)504-4831

Guidelines

“Sisterhood & Brotherhood Mentality”

Confidentiality

Optimistic

Sensitive

Respect

Positive

Encouraging



Confidentiality Agreement

This confidentiality agreement is made by and between

And

Members & Staff of D.O.P.E.

Each individual that signs this agreement to keep what is spoke about in D.O.P.E. behind closed doors in where the sessions take place as of -----, 20-----

Becoming a part of D.O.P.E will help the youth better themselves along with the community they live in. since you applied you are agreeing to do the things stated above and in the guidelines 'Sisterhood & Brotherhood Mentality". Welcome to Dreams Obtaining Positive Enlightenment where you are going to accomplish all your goals and dreams and better yourself and other day by day.

Dreams Obtaining Positive Enlightenment Mentoring and Leadership
Application

First Name: _____ Last Name: _____

Date of Birth: _____

Do you have transportation? Yes No

Are you willing to volunteer if a team member needs a ride? Yes No

Home Number: _____

Mobile Number: _____

Any health issues or disabilities: _____

Why do you want to be a part of Dreams Obtaining Positive Enlightenment?

Applicant Signature: _____

Date: _____

Dreams Obtaining Positive Enlightenment

Session Outline

Session 1 : Introduction of D.O.P.E. – Monday September 14, 2015

- **Mission Statement**
- **Application Packet**
- **What do you want to get out of DOPE?**
- **Questionnaire sheet**

Session 2 : Talk about Goals/ Dreams – Monday September 28, 2015

Session 3 : TBA – Monday October 12, 2015

Session 4 : Financial workshop – Monday October 26, 2015

Session 5 : Relationships – Monday October 26, 2015

Session 6 : Talk about Drugs/ Sex Trafficking – Monday November 9, 2015

Session 7 : Last do of DOPE- Monday November 23, 2015



