

**Recovery  
Network  
of Programs**

Helping people build better lives since 1972

**MAY IS  
MENTAL HEALTH AWARENESS MONTH**

**Date: Tuesday, May 20, 2014**

**Time: 10:00 AM - 2:00 PM**

**Bridgeport Public Library  
925 Broad Street**

**ALL ARE WELCOME TO  
LEARN ABOUT**

- **Depression**
- **Anxiety**
- **Coping with Stress**
- **Post Traumatic Stress Disorder**

**IN A SAFE, WELCOMING ENVIRONMENT**

Light refreshments will be provided.